



Outdoor Challenge

The Metric Marathon



Why do it...

Ever turn up at the field and think....what shall I do today?

Always seem to stay shooting at the same distance?

Want a sense of achievement but aren't shooting your best right now?

Find all the archery rounds confusing, not sure where to start?

If you answer yes to any of the above, the Metric Marathon could be just the thing for you. Even if the answer is no to all, you can still do it just for fun. We think you will enjoy it most if you do it alongside other archers.

How it works....

There are three levels to choose from with a minimum of six rounds each.

- **Bronze** (Shortest distance 20m – Longest distance 50m)
- **Silver** (Shortest distance 30m – Longest distance 60m)
- **Gold** (Shortest distance 30m – Longest distance 70m or 90m)



If you choose Bronze then begin by shooting a **Long Metric V**. Follow the arrows to the next round until you have shot five rounds of six dozen arrows. Next you will reach a decision point **?** You can make up your mind whether you want to stick at that level or carry on to the next. If you decide to stick, then you need to complete the final *12 dozen Metric* set for that level. If you decide to carry on, then bypass the *12 dozen Metric* for now and move straight on to the next *6 dozen Short or Long Metric*.

For those wanting to shoot the higher levels, please note:

- If you know you are going to aim for Silver or Gold level then you can begin your marathon a little further on if you wish, missing out some shorter rounds. Silver and Gold start points are marked on the card.
- For the final two rounds at Gold Level there are two versions of the round, you can shoot either the 70m version or the 90m version, it is entirely up to you.

<https://sway-bowmen.org.uk/archery-rounds> has details of all the rounds. The rounds are arranged here to become progressively harder, so it is best to do them in order if you can. See how far you can get in a single outdoor season.

As long as you are shooting alongside another person, each round can (and should) be properly scored and then submitted to our records officer in the usual way. If you do this, then at the end of the season your Marathon Card can be verified. You will then receive a small star-shaped stud for the highest level you completed to remind you of your achievement. Have fun.

